

## **PLAYING REGULATION – GHAC RUGBY (Boys and Girls)**

- 1. AGES:** All competitors must meet the current OFSAA age requirements as per the OFSAA Age Classification Policy.
- 2. EVENTS:** There will be a competition for a GHAC Senior Champion in all Classifications in which both the HSSAA and the HWCAA are fielding teams
- 3. Eligibility:** All competitors must meet the eligibility requirements as per the Article XI, Section I of the GHAC Constitution.
- 4. Entries:** As per the GHAC competitive structure, Appendix II of the GHAC Constitution.
- 5. Rule Book:** Games shall be played by the rules laid down in the Ontario Rugby Union Rule Book, with the exception of the modifications listed below.

**a) NUMBER OF PLAYERS:** Each team may dress an unlimited number of players for games.

**b) SUBSTITUTION:**

- Substitution for reasons other than injury shall be limited to six at half time. Unless, an agreement between both coaches has been made prior to the start of the game for unlimited substitution at half time. These substituted players may return to the game for injury replacement.

**c) LENGTH OF GAME:** Each game will consist of two 30 minute halves with a three minute intermission between halves.

**d) OVERTIME:** Two 7 minute halves with one minute between halves.

- If still tied, the following procedure shall be used. Each team will select three players from the players on the field at the end of overtime. Those players shall be organized to kick at the goal posts from designated spots of the field. These spots are on the

22 metre line from a) centre, b) the intersection of the 15 metre line and the 22 metre line.

**6. OFFICIALS:** Only qualified O.R.U. officials will referee GHAC Championship games or tournaments. Games must be re-scheduled if a rated official is not available for a game. For all GHAC Championships, 3 officials are required.

**7.Awards:** A GHAC Plaque will be awarded to the Champion of GHAC in each GHAC Championship game

**8. UNIFORM:**

- All team members must wear a numbered team jersey. (Home Association is responsible for avoiding colour conflicts.)
- All players must wear an internal mouth guard.

**9. STARTING TIME:** To be set by the Host Convenor

**10. GENERAL REGULATIONS:**

a) Goal post pads and flexible playing field marks must be used at all games. Dangerous projections near the playing area must be covered to ensure safety for the players.

c) It is the responsibility of the Host Convenor to provide sideline care at GHAC Championship game. Games must be re-scheduled if a qualified First Aid person is not available.